



## What Are Common Terms Associated with Neuropathy?

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### Frequent Terms Linked to Neuropathy

How others understand your pain will determine whether they support you, ignore you, or accuse you. With neuropathy or chronic pain, everyone who cares about you should support you. So, having a network of words that are related to the condition can help you illustrate what you're going through. It also helps to provide a relatable feeling, such as "I have a burning sensation in my hand as if I just placed it on a stove" or "it feels like I'm walking on broken glass." These phrases can help someone who is unsympathetic to your pain realize the pretty severe pain you're going through. Both are something that you have each experienced and so can be imagined.

risk factors HELPLESS  
 motor **paralyzing** shingles pain  
 UNRELENTING peripheral nerves side effects  
 END NEUROPATHY cold **complication**  
 imbalance **pins and needles** regeneration  
 research nerve damage cures tingling struggle  
 prevention caregiver **proactivism**  
 unsupported **FIGHT BACK** **overwhelming**  
 shooting pain chronic **disability** TORTURE debilitating BURNING painful education sleep-deprived  
 children career-ending loss autoimmune diabetic  
 IDIOPATHIC disease **PAIN** awareness anger **disabling** falls  
 invisible healing **24/7/365** caring **20 million** FIRE **BE HEARD**  
 vulnerable treatments nerve **NEUROPATHY** **HELP** advocacy  
 coping **weakness** **epidemic** lonely 1 in 15 BURDEN **quality of life**  
 ice picks **early diagnosis** **neuropathic** crippling resources **isolating**  
 never give up **broken glass** **marbles**  
 numbness stigma **misunderstood** **GO AWAY**  
**Lyme disease** **misdiagnosed** **family support** **frost bites**  
 empathy **hurt** **AGONIZING** disbelief  
 chemo-feet hope **listen** incapacitating autonomic  
 stabbing pain **excruciatingly painful** life-changing  
 nerve pain **hereditary**



[www.neuropathy.org](http://www.neuropathy.org)